

Web Content for Dentist

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Desired Keywords

- dental
- dentistry
- Pleasant Hill dentist
- teeth whitening
- affordable dental
- dental in
- dentist
- dentist Pleasant Hill
- dentist in my area
- dental insurance plans

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Home Page

Total Health. Well-Being. Personalized Care.

Welcome to Kiran Chaudhri, DMD. In our dental practice we are guided by the principles of total health, well-being, and personalized care.

In our **Pleasant Hill** practice we provide personalized care to satisfy your unique needs, while keeping your overall health and well-being in mind. By integrating advancements in science and **dental** technology to our offerings, we are able to provide a variety of services at affordable rates to satisfy your needs in the areas below.

Cosmetic Dental Services such as BriteSmile

Improve the appearance of your teeth by taking advantage of our cosmetic dentistry services such as BriteSmile **teeth whitening** and Invisalign to make your smile the best possible.

Preventive Dental Services such as Teeth Cleaning

Protect your oral and overall health with our preventive dental services such as teeth cleanings and X-rays. Oral health has a big impact on general health. *This is especially important if you are diabetic—maintaining oral health is an important but often overlooked aspect of diabetes.*

Restorative Dental Services such as Fillings, Crowns, Extractions, and Replacements

Restorative dental services eliminate the pain caused by damaged teeth and gums. Due to advances in modern dentistry techniques, the procedures used to restore dental health have

greatly reduced the pain often associated with a visit to the dentist. At Kiran Chaudhri, DMD we deliver gentle, **affordable dental** services ranging from fillings to replacements.

Make an Appointment Today

Our **dental** practice offers treatment personalized for you based on a comprehensive evaluation of these factors:

- Your immediate and long-term oral health
- Your oral health's effect on your overall health

Guided by our principles of keeping your total health, well-being, and personalized care in mind, we will provide you options tailored to meet your specific needs. We will fully answer your, so you can make informed decisions on how to proceed. Call and make an appointment today.

Services Page

Here at Kiran Chaudhri, DMD, we provide skilled, state-of-the-art **dental** care in these three broad areas of **dentistry**:

- Cosmetic
- Preventive
- Restorative

Cosmetic Dental Services such as BriteSmile Teeth Whitening

Many people are taking advantage of cosmetic dental services to improve their teeth's appearance. **Teeth whitening** services such as BriteSmile and teeth alignment services such as Invisalign have become very popular. We are happy to offer BriteSmile, Invisalign, and other cosmetic services to you.

BriteSmile

BriteSmile uses a carefully applied gel and a special blue light to painlessly whiten your teeth. Over the course of 60-90 minutes, the gel is applied three times while you relax and watch TV or listen to music. On average, the treatment whitens teeth by over seven shades; patients with darker teeth experience slightly higher results.

The University of Medicine and Dentistry of New Jersey has conducted independent safety studies on the BriteSmile treatment and concluded the process does not harm enamel and is not corrosive or caustic. A Forsythe Institute study confirmed the BriteSmile treatment is completely safe for adults and teenagers as young as 14.

Preventive Dental Services such as Teeth Cleaning

Keeping teeth clean is a key part in maintaining not only oral health but overall physical health as well. If you are diabetic this is especially important. Widely fluctuating blood sugar levels weaken white blood cells and reduce their ability to fight bacterial infections that can occur in the mouth. Diabetes can cause a range of **dental** problems (dry mouth, gum inflammation, slow oral tissue healing, burning mouth or tongue) that are easily treated if discovered early.

Our preventive **dentistry** work includes these services:

- Normal cleanings
- Periodontal cleanings
- X-rays
- Oral examinations

Having regular **dental** check-ups is just as important as physicals. Discovering a cavity in a normal exam and treating it quickly is simple and inexpensive compared with extracting and replacing a tooth. While daily brushing and flossing is important, only professional cleaning can reach areas that cannot be effectively cleaned with normal, at-home **dental** care.

Restorative Dental Services such as Fillings, Crowns, Extractions, and Replacements

Due to normal wear and tear, over time even well-maintained teeth will have some minor decay. Our goal is to discover and treat problems early before the decay threatens the integrity and usefulness of one or more of your teeth and causes you pain. At Kiran Chaudhri, DMD, our training and experience enable us to provide a wide range of restorative **dental** services that include the following:

- Fillings
- Crowns (also called caps)
- Root canals
- Tooth extractions
- Dental implants

Restorative **dentistry** begins with an oral exam and X-rays to see what is happening on the surface and inside your teeth and gums. We will talk with you about what is going on and make you aware of your options and the likely effects of completing—and not completing—each treatment option.

What Is Best For You

Our primary concern in all three areas is what is best for you. Once we know your needs and unique situation, we will develop a plan with various options and present it to you. We will explain the costs associated with each option and work with you to select the best one to fulfill your needs. We also provide information about services that are important to your overall well-being but not necessarily mandatory for good oral health.

Whether you are interested in cosmetic, preventive, or restorative services, call today to make an appointment. We welcome the opportunity to help you satisfy your **dental** needs—whatever they are.

Our Office Page

Our Dental Office

We have been a **Pleasant Hill dentistry** since our office space was built in 1958. Our office was custom designed as a **dental** office to help satisfy the oral health needs of residents in the Pleasant Hill area. Some of our patients have been with us since the practice opened and we are now seeing a second and even third generation of satisfied clients. In 1993, Dr. Kiran Chaudhri bought the practice and for the last 19 years he has continued fulfilling the needs of children, families, adults, and seniors who need **affordable dental** services here in the Pleasant Hill area.

Having four exam rooms; an X-ray room; and a dedicated, BriteSmile-equipped room in our office means you do not have to wait long for your appointment. We can usually see you within a day or two of your call. In an emergency, we can usually see you the same day. All our rooms are comfortable and peaceful.

Our Dentistry Philosophy

We are focused on improving and maintaining your total health and well-being—not trying out new treatments. That is why we are conservative when choosing which **dental** techniques and equipment to use. When a treatment procedure has proven its ability to provide beautiful, long-lasting smiles, we begin using it with our patients.

Whether you have just moved to the Pleasant Hill area, want a different **dentist**, or have not been to a **dentist** in a long time, we know how stressful going to a **dentist** can be. Especially for those who have avoided dentists for years. That is why we treat our patients gently as if they were our own family. Advances in **dentistry** have made treatments more comfortable and nearly pain free. The pain often associated with **dental** treatment is long-gone. Teeth whitening and other cosmetic treatments are especially pain-free.

Dental Insurance Plans

We accept a wide variety of **dental insurance plans** including Delta Dental, Cigna, MetLife, and United Concordia. If you do not have insurance, we can still offer **affordable dental** services and will work with you to create a treatment and payment plan that is right for you and your budget.

If you need a dentist in Pleasant Hill or live (or work) in the surrounding area, call us today. We are here to help you.

Contact Page

We are a **Pleasant Hill dentistry** practice that has been in Suite 5 on the first floor of the office building at 70 Doray Drive in Pleasant Hill CA since 1958.

We believe following our guiding principles of total health, well-being, and personalized care enable us to give you the best dental care available. If you are looking for a “dentist in my area” and you are in or near Pleasant Hill, CA, call us today to set up an appointment. We are confident we will provide the service you want at an affordable price.

Besides English, we also know Hindi and Punjabi. With your patience, we can also satisfy your dental needs if English is a second language for you.

To make your first visit with us as productive as possible, be sure to fill out our [contact forms](#) available online before you come in.

Our normal business hours are Tuesday through Friday from 8:00 a.m. to 5:00 p.m.

Emergency Dental Services

If you’ve just broken a tooth or your toothache has become unbearable, please call us at 925.682.2022. We can usually schedule an emergency visit for you to be seen on the same day that you call.

Staff Page

It takes a great staff to make a great business. We think we have one of the best at Kiran Chaudhri, DMD, and most of us have been working together for more than nineteen years. Judging by our patients' comments and testimonials, our patients think we're great too.

Kiran Chaudhri, DMD

Dr. Chaudhri grew up in the San Francisco Bay Area and received his B.S. degree at U.C. Davis. In 1989 he earned his Doctor of Dental Medicine (DMD) at Washington University School of Dental Medicine in St. Louis, Missouri. After getting his degree, he returned home to the Bay Area, completed a one-year general practice residency at the veteran's hospital in Palo Alto in 1990, and joined a dental office in Alameda. In 1993 Dr. Chaudhri bought the dental practice in Pleasant Hill and has been here ever since.

Dr. Chaudhri is married with two daughters and fluent in English, Hindi, and Punjabi. He is an avid sportsman—especially in soccer and golf. He has coached girls' soccer for 12 years and loves to travel around the U.S. and world.

Dayna Ghio, receptionist

Dayna Ghio has 27 years of experience in dentistry and joined the practice as our receptionist in 1991. She and her husband live in Walnut Creek and have two sons and twin grandchildren. When she's not working the front desk in the office or at home entertaining friends, she is usually outside traveling, skiing, boating, and hiking.

Linda Jones, hygienist

Linda Jones became a hygienist in New York in 1971. She moved to California in 1973 and three years later married her husband. A daughter and son and then three grandchildren followed after that. Linda joined this dental practice in 1990 and has been here ever since.

Lori Rice, hygienist

Lori Rice graduated from University of Mississippi in 1975 and moved to California in 1982. She became our newest hygienist in 2002. She is the proud mother of two sons. She lives at Lake Berryessa with her husband and her dog, Bentley. Like many in the office, Lori loves to travel, especially by cruise ship.

Help Us Meet You

You can see from these short biographies we have a very experienced team who has worked together for a long time. We would love to learn about you. Call us today to schedule an appointment and together we can start fulfilling your dental needs.

Testimonials Page

At Kiran Chaudhri DMD we are a skilled, state-of-the-art **dentistry** providing personalized care in all dental areas except orthodontics. We maintain high, ethical standards and professional integrity in order to gain and keep your trust. We think we succeed, and it sounds like our patients agree. Here is what they say about us.

Patients Forms Page

Please print and fill out the forms below before you come to see us. By filling them out at home, you can locate information you may not readily remember in our office. While the forms are not very long, the information they ask for is important.

Patient Registration: This form provides the basic paperwork to enable us to get to know you. It includes insurance policy information and your consent for treatment.

Medical History: Knowing your unique medical history enables us to be especially sensitive to oral symptoms related to any health factors you may have. It helps us help you.

If you have not yet set up an appointment, do it today. The sooner we see you, the sooner you are on your way to having your dentals needs satisfied.